

## **ADRA's Programmes**

- Protecting the Vulnerable
- Supporting Families
- Promoting Health
- Providing Food & Water
- Establishing Livelihoods
- Responding to Emergencies

### **Protecting the Vulnerable**

Around the world millions of children, women, and men are persecuted or denied basic human rights. Minority groups are discriminated against and denied education. Children and women are sexually exploited. Often, these vulnerable groups have nowhere to go for help. ADRA is dedicated to protecting the vulnerable wherever they can be found in the world. By working with governments and establishing educational programs in countries around the world, ADRA is the staunch defender of children who are sold to be sex workers, of women who must fight for the chance to learn to read, and for the millions of others around the world who suffer in silence.

### **Supporting Families**

Poverty threatens the wellbeing of families all over the world. ADRA is there for the families and orphans who are without food, shelter, and love. ADRA also seeks to empower children through education, and to give those who missed schooling opportunities a chance for a new beginning. Adults and children often lack the education and literacy they need to be successful. ADRA seeks to empower children and give those who missed schooling opportunities a chance for a new beginning through education.

### **Promoting Health**

Health is at the very core of much of the world's poverty and suffering. Deadly diseases like AIDS and malaria are absolutely devastating in many areas, leaving parents without children, and many orphans who must fend for themselves. ADRA is lowering the incidence of horrific diseases like these by teaching methods of prevention.

Lack of clean water and good sanitation, something that is often taken for granted, can debilitate entire villages with waterborne illnesses. By digging new wells and building sanitation systems, ADRA helps prevent many of the common medical problems that plague communities.

### **Providing Food & Water**

ADRA does more than just give food to hungry people. By providing families with ways to grow their own gardens or increase the crop yields of their farms, ADRA helps people discover true food security. Families with a surplus of food are even able to improve their economic standing by selling the extra. ADRA gives people the food, nutrition, and tools not just to survive—but to thrive.

## **Establishing Livelihoods**

ADRA knows that one of the best ways to boost individuals out of the cycle of poverty is by providing livelihoods. Through microloans and training, ADRA gives men and women the ability to support themselves and their families.

All over the world people are stuck in an apparently endless cycle of poverty, with no way to provide for their families, and no way to improve their situation. Those who do have jobs sometimes make less than \$1 a day, barely enough to survive.

These hardworking individuals are desperate for a chance to better themselves, and ADRA is giving it to them. ADRA knows that one of the best ways to boost people out of the cycle of poverty is by providing livelihoods. Through small loans of money or livestock, job training, and encouragement, ADRA gives men and women the ability to support themselves and their families.

## **Responding to Emergencies**

In the wake of emergencies such as wars, hurricanes, famines, floods, or earthquakes thousands are forced out of their homes and left destitute. Often, they lack basic necessities like food, water, and shelter.

ADRA works to prevent further loss of life by responding quickly to evaluate the greatest needs, and then developing plans to get help to the areas where it is needed most. Often, ADRA coordinates with local governments to provide medical care, food, water, and shelter to victims of tragedies.